



# June 2019

Mountain Villa School  
Lunch

Lunch Price List    Student Lunch: \$2.90    Reduced Lunch: \$0.40    Adult Lunch: \$3.70

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<ul style="list-style-type: none"> <li>• Popcorn Chicken</li> <li>• Dinner Roll</li> <li>• Baked Fries</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Ziti</li> <li>• Garlic Bread</li> <li>• Seasoned Green Beans</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Grilled Cheese Sandwich</li> <li>• Carrots</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Pancakes</li> <li>• Breakfast Sausages</li> <li>• Emoji Fries</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Pizza</li> <li>• Garden Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<ul style="list-style-type: none"> <li>• French Toast Sticks</li> <li>• Breakfast Sausages</li> <li>• Tater Tots</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Cheese Quesadilla</li> <li>• Black Bean &amp; Corn Salad</li> <li>• Salsa</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Hamburger on a Bun</li> <li>• Oven Baked Sweet Potato Fries</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Nuggets</li> <li>• Dinner Roll</li> <li>• Peas &amp; Carrots</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Pizza</li> <li>• Caesar Salad</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<ul style="list-style-type: none"> <li>• Hot Dog on a Bun</li> <li>• Baby Carrots</li> <li>• Apple Slices</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Extravaganza</li> <li>• Dinner Roll</li> <li>• Assorted Potatoes</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>	<ul style="list-style-type: none"> <li>• Chef's Choice Pizza</li> <li>• Vegetable of the Day</li> <li>• Assorted Fresh or Chilled Fruit</li> <li>• Milk Variety</li> </ul>		
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>

*Last Day of School!*

**Maschio's Swap-Outs Available Daily:** Chicken Patty on a Bun , Crispy Chicken Salad, Bagel Bag, Muffin Meal , Cereal Meal

**All Meals Served** All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

**Nutrition Info K-5** Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

**Nutrition Info K-8** Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

**Menus are Subject to Change** The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit [www.maschiofood.com](http://www.maschiofood.com) for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

**EOE Statement** Maschio's Food Services, Inc. is an Equal Opportunity Employer.

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